

Wednesday 26 January 2022

Isolation Rules following a Positive Covid Test

Dear Parents

There are some recent changes about isolation following a positive covid test below:

If the PCR test is positive, your child must self-isolate for up to 10 days from the date the symptoms first started. If your child does not have symptoms, but tests positive for COVID-19 using a Lateral Flow Device they must self-isolate, from the date the test was taken (report the result at For every LFD test your child takes, you should report the result at <https://www.gov.uk/report-covid19-result>).

NHS Test and Trace will confirm the dates of isolation with you. In this time your child **must not** go to school or to public areas: they must remain at home and must not mix with anyone outside of their household. They may be able to leave self-isolation early before the end of 10 full days if:

- They take two lateral flow device tests on consecutive days (12-24 hours apart) **no earlier than the 5th** after the day their symptoms started (or the date of their test if they did not have symptoms), and another LFD test on the following day.
- Both test results are **negative**
- They do not have a **high temperature**

They can leave isolation and return to school after their second consecutive negative test result. For example: If the first test is taken on Day 5 and another the following day (Day 6) and both are negative, and your child **does not** have a high temperature, they can end their self-isolation after the second negative test result and return to school on Day 6.

If however the test on Day 5 is positive, but a negative the next day (Day 6) is given, they must take another the next day (Day 7). If this is negative, they can return to school after the second negative result.

They should only end their self-isolation after they have had 2 negative LFD tests taken on consecutive days from Day 5. They should stop testing after they have had 2 consecutive negative test results.

If your child is not released from self-isolation early, they should **not** take another LFD test after the 10th day of their isolation period and can stop self-isolating after this day. This is because they are unlikely to be infectious after the 10th day of their isolation period. Those who continue to feel unwell after the 10 days period should seek medical advice.

Your household must follow the 'Stay at Home' guidance at www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection

Your child should not take a PCR test if they have had a positive PCR test result in the last 90 days, unless they develop any new symptoms of COVID-19. This is because it is possible for PCR tests to remain positive for some time after COVID-19 infection.

Kind regards

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